

Care and Growth

Change Excellence

C O N T E N T

SESSION 1

Personal Excellence

- What makes a person admirable?
- The core criterion for a successful life.
- The giving and taking distinction.
- What giving really means.

SESSION 2

Change Excellence

- Change vs Transition.
- Changes in my life.
- Unwelcome change: What is it like?
- Responding positively to change – knowing where we have landed.
- Responding positively to change – letting go of the past.
- Responding positively to change – moving forward.

One day workshop for dealing in times of catastrophic change

As human beings we have always experienced change and have found ways of dealing with it. The magnitude, speed and constancy of today's changes however, is unprecedented. We do indeed now live in times of catastrophic change.

Whether as people we succeed or not in these times certainly has little to do with the particulars of the events which confront us. Nor is success or failure a function of how much we have or how much we know. Rather, it has everything to do with our intent; with what we choose to make significant to us and consequently what we give attention to.

In any situation which confronts us there are really only two variables at play; what we want to 'get' and what we want to give. Of the two, the one we have control over is what we 'give', what sits in our hands. The more our attention is focused on our contribution / what we can give, the stronger we become.

In this one day workshop Schuitema provides original but simple and powerful tools for dealing with change and more broadly, with dealing with life. The change issues which are dealt with are those currently being experienced by those who attend the workshop.

The workshop is therefore particularly useful for people whose organisation is making difficult changes which impact on their people, such as a merger, take over, retrenchments, decline in profitability, exponential growth, implementation of major system or new technology.



Schuitema

Business Transformation Through People Growth

Telephone
+27 (0)16 590 1201

Email
info@schuitema.co.za

Website
www.schuitema.co.za